

ECLASSOPEDIA

MYP → DP TRANSITION GUIDE

Middle Years Programme to Diploma Programme

2026 EDITION

Your Complete Roadmap for IB Success

Prepared by Eclassopedia Academic Team

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Section 1

Understanding the Two Programmes

1.1 What is the IB Middle Years Programme (MYP)?

The International Baccalaureate Middle Years Programme (MYP) is a challenging framework of academic study designed for students aged 11 to 16. It spans five years and is built on a philosophy of holistic, inquiry-based learning that connects academic subjects to real-world contexts. Rather than focusing purely on content delivery, the MYP nurtures intellectual curiosity, personal development, and intercultural understanding.

Throughout the MYP, students engage with eight subject groups: Language Acquisition, Language and Literature, Individuals and Societies, Sciences, Mathematics, Arts, Physical and Health Education, and Design. Each subject is taught with an emphasis on conceptual understanding, with teachers creating Units of Inquiry that link academic content to global contexts — from Identities and Relationships to Globalization and Sustainability.

Assessment in the MYP is criterion-referenced, meaning students are assessed against fixed standards rather than ranked against peers. Each subject uses four criteria, and grades are reported on a scale of 1 to 7 based on achievement against those benchmarks. At the end of Year 5 (Grade 10), students may complete the MYP eAssessment to earn an internationally recognized MYP Certificate.

1.2 What is the IB Diploma Programme (DP)?

The International Baccalaureate Diploma Programme (DP) is a rigorous two-year pre-university curriculum for students aged 16 to 19 — typically covering Grades 11 and 12 (Years 12 and 13). It is one of the most widely recognized qualifications in the world, accepted by thousands of universities across more than 90 countries.

Unlike the exploratory, broad-based nature of the MYP, the DP demands significant depth of study. Students choose six subjects — one from each of six subject groups — and are assessed through a combination of externally assessed examinations and internally assessed coursework. Three of those subjects are studied at Higher Level (HL), and three at Standard Level (SL), giving students both breadth and specialization.

The DP also includes three core elements — the Extended Essay (EE), Theory of Knowledge (TOK), and Creativity, Activity, Service (CAS) — which together cultivate independent thinking, ethical reflection, and personal growth. These components are not optional; they are fundamental to earning the IB Diploma.

◆ **ECLASSOPEDIA INSIGHT**

The MYP builds breadth and inquiry; the DP demands depth and independence. Understanding this shift is the first step to a successful transition.

1.3 The Philosophy Behind the Transition

The move from MYP to DP is not simply a jump in difficulty — it represents a fundamental shift in how a student is expected to engage with knowledge. In the MYP, teachers play a guiding role in inquiry, and students are scaffolded through conceptual exploration. In the DP, students are expected to take ownership of their learning, manage their time independently, and engage with academic material at a near-university level.

Eclassopedia has supported thousands of IB students through this pivotal transition. The most successful students are those who understand the nature of the shift — not just the new content, but the new expectations around self-regulation, analytical thinking, and academic writing. This guide is designed to give you that understanding before you begin, so that you can walk into Year 1 of the DP feeling informed, prepared, and confident.

Section 2

Key Academic Differences: MYP vs. DP

2.1 Curriculum Structure

One of the first things students notice in the transition is how differently the DP is structured compared to the MYP. Where the MYP encouraged exploration across eight subject groups without mandating specialization, the DP requires deliberate, strategic choice-making. Students select one subject per group and commit to it for two years — making subject selection among the most important decisions of your IB career.

Dimension	MYP	DP
Duration	5 years (Ages 11–16)	2 years (Ages 16–19)
No. of Subjects	8 subject groups (all required)	6 subject groups (choice within each)
Assessment Style	Criterion-referenced, school-based	External exams + internal assessment
Core Components	Personal Project, Service as Action	EE + TOK + CAS
Grading Scale	1–7 per criterion	1–7 per subject; max 45 total
Language Requirement	Language Acquisition + Mother Tongue	Group 1 + Group 2 (choice)
Depth vs Breadth	Conceptual breadth	Subject depth (HL vs SL)
University Recognition	Supplementary/partial	Globally recognized university entry
Teacher Role	Inquiry facilitator	Expert subject specialist
Student Autonomy	Guided and scaffolded	High independence expected

2.2 Depth of Study: HL vs SL

Perhaps the single greatest academic shift in the DP is the distinction between Higher Level (HL) and Standard Level (SL) subjects. This is a concept with no real equivalent in the MYP, and it catches many students off guard.

Higher Level subjects typically demand 240 teaching hours over two years (compared to 150 hours for SL), contain additional topic areas not covered at SL, and require students to engage with more complex, nuanced material in examinations. HL assessments often feature multi-part

questions requiring extended analytical responses, synthesis across topics, and evaluation of conflicting evidence.

Standard Level subjects, while still rigorous, offer a slightly lighter content load and generally carry less weight in university conditional offers. Your choice of which three subjects to study at HL is therefore crucial — it will influence your university pathway, your daily study load, and where you should concentrate your academic energy.

◆ **UNIVERSITY READINESS TIP**

Most competitive universities look specifically at your HL grades. Choose your three HL subjects based on university requirements, your genuine strengths, and subject synergies — not simply on what you enjoy at a surface level.

2.3 The Shift in Assessment

In the MYP, teachers design assessments internally according to IB criteria, and many tasks are project-based, collaborative, or open-ended. Students have multiple opportunities to demonstrate learning and can often revise work with feedback.

The DP introduces external examinations at the end of Year 2, set and marked by the IB. These exams are high-stakes, time-limited, and require students to draw on two full years of learning. The experience of sitting a three-hour examination on an unfamiliar question set — without access to notes or collaborative support — is a genuinely new challenge for most students entering the DP.

Internal Assessment (IA) components offer more control, but they require sustained independent effort over several months. Each IA has a defined brief, and students must complete them while continuing to manage regular coursework, CAS, TOK, and the Extended Essay simultaneously. The ability to manage multiple long-term projects in parallel is arguably the most demanding skill the DP develops.

Section 3

The Six DP Subject Groups Explained

Overview of DP Subject Groups

Every DP student must choose one subject from each of the six groups below. This structure ensures both breadth across disciplines and the opportunity for depth within chosen specialisms. Your combination of six subjects — along with your HL/SL choices — defines your entire academic profile for the next two years.

Group 1: Studies in Language and Literature

This group focuses on your first language (usually your mother tongue or language of schooling). Subjects include Language A: Literature, Language A: Language and Literature, and Literature and Performance. Students analyze texts from a wide range of literary and non-literary genres, developing skills in close reading, comparative analysis, and persuasive writing. Assessment includes a written commentary, an oral component, and externally assessed essays.

- ▶ Develop critical reading and literary analysis skills
- ▶ Study texts across cultures, historical periods, and genres
- ▶ Build strong academic writing skills applicable across all subjects

Group 2: Language Acquisition

Group 2 encompasses second (or third) language learning, offered at several proficiency levels from beginner (*ab initio*) to advanced (Language B). Students develop communicative competence across receptive and productive skills — reading, writing, listening, and speaking — while simultaneously exploring the culture and society connected to that language.

- ▶ French, Spanish, Mandarin, German, Japanese and more available
- ▶ *Ab initio* ideal for students with little prior exposure
- ▶ Language B SL and HL available for intermediate and advanced learners

Group 3: Individuals and Societies

The humanities and social sciences group includes Economics, History, Geography, Psychology, Business Management, Global Politics, Philosophy, Digital Society, and more. These subjects demand strong analytical writing, evaluation of evidence, and the ability to construct well-structured arguments. History and Economics are among the most popular DP choices globally.

- ▶ Economics: strong alignment with business, law, and social science degrees
- ▶ History: develops historiographical analysis and essay technique
- ▶ Psychology: explores human behavior through empirical research perspectives
- ▶ Geography: uniquely bridges sciences and humanities approaches

Group 4: Sciences

Group 4 encompasses Biology, Chemistry, Physics, Environmental Systems and Societies (ESS), Computer Science, and Sports, Exercise, and Health Science. All Group 4 subjects share a common 10-hour Group 4 Project and an Individual Investigation (the science IA), which contributes 20% of the final grade. Laboratory work is integral to all science subjects.

- ▶ Biology HL: required or recommended for medicine, veterinary science
- ▶ Chemistry HL: essential for medicine, pharmacy, chemical engineering
- ▶ Physics HL: highly valued for engineering, mathematics, and economics
- ▶ ESS: only interdisciplinary subject, can satisfy both Group 3 and Group 4

Group 5: Mathematics

Unlike the MYP, which offers a single Mathematics course, the DP splits Mathematics into two distinct courses: Mathematics: Analysis and Approaches (AA) and Mathematics: Applications and Interpretation (AI). Both are available at SL and HL, but they differ significantly in focus and demand.

- ▶ Maths AA HL: abstract, proof-based, essential for mathematics and engineering
- ▶ Maths AA SL: rigorous calculus and algebra for science-leaning students
- ▶ Maths AI HL: statistics-heavy, valued for economics, social sciences
- ▶ Maths AI SL: accessible entry point with real-world application focus

Group 6: The Arts (or an Additional Subject)

Group 6 typically includes Visual Arts, Music, Theatre, Dance, or Film. However, students may also choose a second subject from Groups 1–5 in place of an arts subject — a popular option for students targeting competitive university programs that value a stronger academic subject combination.

- ▶ Visual Arts: portfolio-based assessment, excellent for creative students
- ▶ Music: performance, composition, and musicological inquiry
- ▶ Many students take a second science or humanities subject here instead

◆ **ECLASSOPEDIA SUPPORT**

Eclassopedia tutors have guided students through every subject combination in the DP. Whatever your mix, we offer expert one-on-one and group support in every subject and at every level.

Section 4

Core Requirements: CAS, TOK & Extended Essay

4.1 The DP Core — Why It Matters

The DP Core distinguishes the IB Diploma from nearly every other pre-university qualification in the world. Whereas most school-leaving certificates measure academic performance across subjects, the DP Core asks students to step back and reflect on what learning itself means, to contribute meaningfully to their communities, and to demonstrate the capacity for independent sustained academic research. Failing to complete any Core component means a student cannot receive the IB Diploma — regardless of subject grades.

4.2 Creativity, Activity, Service (CAS)

CAS is the practical heart of the DP Core. It requires students to engage authentically with experiences outside the classroom — not as a box-ticking exercise, but as a genuine commitment to personal growth and community engagement. CAS is organized across three strands: Creativity (arts, creative thinking, design), Activity (physical pursuits, sport, fitness), and Service (community engagement, volunteering, social projects).

There are no fixed hour requirements in the 2026 CAS framework; instead, students must demonstrate quality engagement across all three strands through a CAS portfolio and regular reflective practice. The IB expects students to set personal learning outcomes, engage in new challenges, demonstrate growth, and collaborate with others — all documented through reflective journal entries, photographs, and supervisor validation.

CAS Learning Outcomes (All must be demonstrated):

- ▶ Identify own strengths and develop areas for personal growth
- ▶ Demonstrate that challenges have been undertaken and new skills developed
- ▶ Demonstrate how to initiate and plan a CAS experience
- ▶ Show commitment to and perseverance in CAS experiences
- ▶ Demonstrate the skills and recognize the benefits of working collaboratively
- ▶ Demonstrate engagement with issues of global significance
- ▶ Recognize and consider the ethics of choices and actions

Practical CAS Ideas for 2026:

- ▶ Starting a student-led tutoring or mentoring programme
- ▶ Learning a new instrument, language, or creative skill

- ▶ Participating in Model United Nations or debate competitions
- ▶ Organizing fundraising events for local charities or NGOs
- ▶ Joining a sports team, taking up swimming, yoga, or marathon training
- ▶ Environmental projects: clean-up initiatives, urban gardening

◆ **CAS REFLECTION TIP**

CAS is not about the activities themselves — it's about the reflection. Students who write thoughtful, honest reflections demonstrating genuine personal growth will meet the CAS requirement with ease.

4.3 Theory of Knowledge (TOK)

Theory of Knowledge is unlike any course most students will have encountered before entering the DP. It is a philosophy of knowledge course — not about what we know, but about how we know what we know. TOK asks students to examine the nature of knowledge across different disciplines (Areas of Knowledge) and through different means (Ways of Knowing).

In the 2022–2026 curriculum, TOK is structured around five Areas of Knowledge: Mathematics, Natural Sciences, Human Sciences, History, and The Arts. Students examine Knowledge Questions — open, contestable questions about the nature and scope of knowledge — and connect abstract epistemological ideas to real-world Knowledge Claims from their other DP subjects.

TOK Assessment (2026 Format):

- ▶ **Exhibition** TOK Exhibition (worth 33%): Students select three real-world objects and connect them to one prescribed IB prompt, demonstrating how TOK concepts appear outside the classroom
- ▶ **Essay** TOK Essay (worth 67%): A 1,600-word externally assessed essay responding to one of six prescribed IB titles, exploring a knowledge question with nuance, evidence, and counter-perspectives

TOK grades are awarded on a scale of A (Excellent) to E (Elementary). Combined with your Extended Essay grade, TOK contributes up to 3 bonus points to your total IB score — making it potentially decisive in meeting university conditional offers.

◆ **TOK STRATEGY**

Many students underestimate TOK until it's too late. Starting with a strong conceptual grasp of what a 'Knowledge Question' is — how it differs from an information question — will set you far ahead of your peers.

4.4 The Extended Essay (EE)

The Extended Essay is a 4,000-word piece of independent academic research submitted in Year 2. Students choose a subject area and a research question, then — guided by a school supervisor — conduct original research, read widely, and produce a structured academic essay of a quality comparable to first-year university work.

The EE is assessed externally by the IB on five Criteria: Focus and Method, Knowledge and Understanding, Critical Thinking, Presentation, and Engagement. The Engagement score is based on a Researcher's Reflection Space (RRS) — a journal of reflections on the research process — and a final viva voce conversation with the supervisor.

EE Subject Options:

- ▶ You may write your EE in one of your six DP subjects, OR in a World Studies topic that crosses subject boundaries
- ▶ World Studies EEs allow interdisciplinary questions connecting two subject areas to a global issue
- ▶ Most popular subjects: History, Biology, Economics, English Literature, Psychology, Chemistry

EE Timeline (Recommended — 2026):

- ▶ May–June (Year 1): Select subject and supervisor; brainstorm research questions
- ▶ July–August (Year 1): Begin background reading; narrow and refine question
- ▶ September–November (Year 1): Conduct primary/secondary research; maintain RRS
- ▶ December–January: Write first draft; meet with supervisor for feedback
- ▶ February–March (Year 2): Revise and submit second draft
- ▶ April–May (Year 2): Final submission; viva voce with supervisor

◆ EE ADVICE

The Extended Essay is worth beginning early and approaching with genuine intellectual curiosity. Students who choose topics they find personally fascinating consistently produce stronger essays than those who choose for perceived ease.

Section 5

Study Skills & Academic Habits for DP Success

5.1 Time Management — The Non-Negotiable Skill

The single most consistent predictor of DP success is not intelligence, prior academic performance, or even subject choice — it is time management. The DP asks students to maintain six demanding subjects, progress their Extended Essay, prepare TOK assessments, complete CAS requirements, manage Internal Assessments across subjects, and still find time for rest, social connection, and extracurricular life.

Students who struggle in the DP almost universally report that they underestimated the compounding effect of multiple concurrent deadlines. A Biology IA, a History Essay draft, a Math problem set, TOK journal entries, and a CAS reflection can all fall due in the same two-week window. Without a proactive planning system, this is overwhelming. With one, it is entirely manageable.

Eclassopedia's DP Time Management System:

- ▶ Maintain a two-level planner: weekly commitments and long-range project milestones
- ▶ Use Sunday planning sessions to map the upcoming week against approaching deadlines
- ▶ Divide long projects (EE, IA) into weekly sub-tasks with internal deadlines 2–3 weeks before official submission
- ▶ Apply time-blocking: assign specific subjects to fixed daily slots rather than studying reactively
- ▶ Schedule recovery time intentionally — blank space in a schedule is not wasted time

5.2 Academic Writing in the DP

The DP demands a standard of academic writing that many MYP students have not yet fully developed. Across almost every subject, students must produce structured, evidence-based arguments that demonstrate critical thinking, nuanced analysis, and awareness of counterarguments. This is particularly pronounced in Group 3 subjects (History, Economics, Geography) and in TOK and EE writing.

The foundation of strong DP academic writing is the ability to construct a clear, contestable thesis and then sustain that argument across multiple paragraphs using specific evidence, reasoned analysis, and counter-consideration. Many students write descriptively — narrating what happened or what something is — rather than analytically, which means explaining why, to what extent, and with what significance.

Core Academic Writing Skills to Develop:

- ▶ Thesis construction: precise, arguable, and answering the question directly
- ▶ Evidence integration: embedding sources naturally with citation and interpretation
- ▶ Counter-argument engagement: acknowledging and addressing opposing perspectives
- ▶ Analytical vocabulary: 'suggests', 'implies', 'demonstrates', 'contrasts with', 'to the extent that'
- ▶ Structure at scale: managing multi-part essays and section transitions

5.3 Active Revision Strategies

Passive revision — re-reading notes, highlighting textbooks — is one of the least effective ways to consolidate knowledge for DP examinations. Cognitive science research consistently shows that active recall and spaced repetition significantly outperform passive review in producing durable long-term memory.

Revision Strategy	Effectiveness	Best For
Re-reading notes	Low	Initial familiarity only
Highlighting / underlining	Low	Creating false confidence
Summarizing / mind-maps	Medium	Overview and structure
Flashcards (Anki)	High	Definitions, formulas, dates
Practice questions	Very High	Exam technique and application
Past paper essays	Very High	Writing fluency and mark scheme literacy
Teaching others	Highest	Deep conceptual understanding
Spaced repetition review	Very High	Long-term retention across topics

5.4 Building Subject-Specific Study Approaches

Each DP subject rewards slightly different study strategies. Sciences demand consistent problem-solving practice and deep understanding of experimental methodology. Humanities subjects reward extensive essay practice, engagement with multiple historians or economists, and mark scheme literacy. Mathematics requires daily practice across topic types, not block revision before exams. Languages are built through consistent daily exposure, not cramming.

Eclassopedia tutors help students develop personalized subject-specific revision plans that align with their examination schedule, their subject combination, and their individual learning profile. A bespoke revision strategy is exponentially more effective than generic advice.

Section 6

Assessment, Grading & University Admissions

6.1 How the DP is Graded

The IB Diploma scoring system is one of the most transparent and globally consistent university-preparatory frameworks in existence. Each of the six subjects is graded on a scale of 1 to 7, with 7 being the highest. The maximum score from subjects alone is 42. The EE and TOK contribute up to an additional 3 bonus points, bringing the maximum possible total to 45.

Score	Descriptor
7	Excellent — consistent excellence demonstrating full command of subject
6	Very Good — strong performance with minor gaps
5	Good — solid understanding with some weaknesses
4	Satisfactory — adequate grasp of core material
3	Mediocre — limited understanding of key concepts
2	Poor — very limited performance across most areas
1	Very Poor — minimal evidence of understanding

To be awarded the IB Diploma, students must: achieve a total score of 24 or more; complete all CAS requirements; submit both the TOK Exhibition and TOK Essay; submit the Extended Essay with a grade of D or above; not receive an E in either TOK or the Extended Essay; meet minimum subject score thresholds (e.g., no subject below a grade of 2, no more than one subject at a grade of 1).

6.2 The EE and TOK Matrix

TOK and EE grades interact through a matrix to determine how many bonus points (0–3) a student receives. Understanding this matrix helps students prioritize effort across the Core components.

EE Grade \ TOK Grade	A (Excellent)	B (Good)	C (Satisfactory)	D (Mediocre)	E (Elementary)
A (Excellent)	3	3	2	2	Failing
B (Good)	3	2	2	1	Failing
C (Satisfactory)	2	2	1	0	Failing
D (Mediocre)	2	1	0	0	Failing
E (Elementary)	Failing	Failing	Failing	Failing	Failing

6.3 University Admissions and the IB Diploma

The IB Diploma is accepted by universities in over 90 countries and is widely regarded as one of the strongest pre-university qualifications available. In competitive admissions processes, a strong IB score consistently distinguishes applicants from those with less rigorous qualifications.

Indicative University Score Benchmarks (2026):

- ▶ Top global universities (Oxford, Cambridge, MIT, Ivy League): typically 38–45 with strong HL grades
- ▶ Russell Group UK / Group of Eight Australia: typically 34–40 depending on program
- ▶ Strong national universities (US, Canada, Europe, Asia): typically 28–36
- ▶ Medicine and Law programs globally: often require 38+ with HL Biology/Chemistry or HL Maths

◆ ADMISSIONS INSIGHT

HL subject grades matter as much as total score for competitive programs. A 36 with HL Chemistry 7, HL Biology 7, HL Maths 6 is far stronger for medicine than a 38 with lower HL science grades.

Section 7

Mental Health, Wellbeing & Resilience

7.1 The Emotional Reality of the DP

The IB Diploma Programme is demanding — and it is important to name that clearly. Many students, particularly high-achievers who thrived in the MYP with relatively modest effort, experience a genuine adjustment challenge in Year 1 of the DP. This is normal, expected, and entirely navigable with the right support systems.

Eclassopedia has worked with thousands of IB students across every region of the world, and we observe consistent patterns: the first few months of DP Year 1 are often the most psychologically challenging, as students recalibrate their study habits, social lives, and self-expectations. By mid-Year 1, students who have built good habits and accessed support when needed are typically on stable, positive trajectories.

7.2 Building Sustainable Study Habits

- ▶ Protect sleep — cognitive performance declines sharply below 7 hours for adolescents; no exam revision justifies consistent sleep deprivation
- ▶ Exercise regularly — physical activity has strong evidence for improving memory consolidation and mood regulation
- ▶ Limit social media during study blocks — digital distraction significantly reduces effective study time
- ▶ Separate study space from rest space where possible — environmental cues powerfully influence cognitive state
- ▶ Use the Pomodoro technique: 25-minute focused blocks with 5-minute breaks reduce fatigue and improve output
- ▶ Celebrate small wins — acknowledging progress, not only outcomes, builds sustainable motivation

7.3 Seeking Support Without Stigma

The most academically successful DP students are not those who never struggle — they are those who recognize struggle early and seek appropriate support before small difficulties compound into larger crises. Eclassopedia's tutors are trained not only in their subject areas but in supporting students through the emotional and motivational challenges of the DP.

If you find yourself avoiding a subject, falling behind on CAS or EE deadlines, or experiencing sustained anxiety or low motivation, please speak to a trusted teacher, school counselor, or

Eclassopedia tutor. Early intervention is almost always more effective — and less stressful — than late recovery.

◆ **FROM ECLASSOPEDIA**

You don't have to feel overwhelmed alone. Eclassopedia offers pastoral support alongside academic tutoring — because we know that wellbeing and academic performance are deeply interconnected.

Section 8

Subject Selection Strategy

8.1 The Most Important Decision of Your DP Journey

Subject selection is the single most consequential decision you will make before the DP begins. Your six subjects — and crucially, your three HL choices — will define your daily academic experience for two years, shape your university options, and determine where you need to invest the most effort. Approached strategically, subject selection is an opportunity to construct a profile that genuinely reflects your strengths, interests, and future direction.

8.2 Framework for Strategic Subject Selection

Step 1: Research University Requirements First

Before choosing any subjects, research the requirements of your target university programs. Medicine programs in the UK universally require HL Chemistry and HL Biology. Engineering programs at top universities often require HL Mathematics AA and HL Physics. Economics at LSE or Oxbridge strongly prefers HL Mathematics. Knowing destination requirements prevents the painful situation of discovering a HL mismatch after Year 1.

Step 2: Identify Your Genuine Strengths

Choose HL subjects where you have demonstrated consistent strength in the MYP and where you genuinely enjoy intellectual engagement. A subject that bores you at SL will be near-unbearable at HL. HL demands enthusiasm as well as aptitude.

Step 3: Consider Subject Workload Balance

Some subject combinations are extremely demanding in terms of time. Taking HL Chemistry, HL Physics, and HL Mathematics simultaneously is possible but leaves very little recovery capacity. If you choose a demanding HL science combination, balance with more manageable SL choices in other groups. Eclassopedia counselors can model your specific combination's workload realistically.

Step 4: Think About Synergies

Some subject combinations naturally reinforce each other. HL Economics and HL Mathematics AI develop complementary analytical skills. HL History and HL English Literature share essay-writing techniques. HL Chemistry and HL Biology share laboratory methodology. Identifying synergies means your study in one subject actively benefits another.

University Pathway	Recommended HL Subjects	Common SL Choices
Medicine / Dentistry	Chemistry, Biology, Maths AA	English, Language, Geography or Physics
Engineering	Physics, Maths AA, Chemistry or CS	English, Language, Economics
Economics / Finance	Economics, Maths AA or AI, one science	English, Language, History
Law	History or Global Politics, English, one science or maths	Language, Geography, Arts
Business / Management	Business Management, Economics, Maths AI	English, Language, one science
Computer Science	Computer Science, Maths AA, Physics	English, Language, one humanities
Humanities / Social Sci.	History, English Lit, one social science	Language, Maths AI, one science
Arts / Design	Visual Arts, one humanities, English	Language, Maths AI, one science

Section 9

Your DP Readiness Checklist

Before You Begin Year 1 — Complete This Checklist

Use this checklist to assess your readiness for the DP and identify areas to address during the summer before Year 1 begins. Students who arrive at DP Year 1 with these foundations in place consistently outperform those who encounter these requirements for the first time under academic pressure.

Academic Foundations:

- ▶ I understand the difference between MYP and DP assessment (external exams, IA, EE, TOK, CAS)
- ▶ I have researched my target university requirements and confirmed my subject selection aligns
- ▶ I have confirmed my three HL subjects and understand what Higher Level demands
- ▶ I have spoken with my DP coordinator and understand my school's submission calendar
- ▶ I understand what the Extended Essay is and have begun thinking about subject areas
- ▶ I understand what CAS requires and have identified at least 2–3 activities to pursue

Study Skills:

- ▶ I use a planner or digital calendar to track commitments and deadlines
- ▶ I practice active recall rather than passive re-reading when revising
- ▶ I know how to write a clear, structured academic essay with evidence and analysis
- ▶ I am comfortable reading academic texts and extracting key arguments
- ▶ I understand how to manage multiple long-term projects simultaneously

Wellbeing Foundations:

- ▶ I have a consistent sleep schedule (7–9 hours per night)
- ▶ I have at least one regular physical activity and one creative outlet
- ▶ I know who to speak to at school if I am struggling academically or emotionally
- ▶ I understand that seeking support is a strength, not a weakness

Eclassopedia Support:

- ▶ I have enrolled in Eclassopedia tutoring in my most challenging subjects

- ▶ I have discussed my subject combination with an Eclassopedia advisor
- ▶ I have access to Eclassopedia's past paper bank and revision resources
- ▶ I have a trial session booked with my assigned Eclassopedia tutor

◆ **ECLASSOPEDIA READINESS**

Completing this checklist before your first day of DP Year 1 gives you a genuine head start over most of your peers. Preparation is the most powerful form of confidence.

Section 10

How Eclassopedia Supports You

10.1 Expert Tutoring Across Every DP Subject

Eclassopedia was founded with a singular mission: to give every IB student access to the highest quality academic support — regardless of geography, school resources, or socioeconomic background. Since our founding, we have supported IB students across more than 60 countries, helping them achieve scores that opened doors to the world's leading universities.

Our tutors are IB specialists — many are former IB students themselves who have gone on to study at Oxford, Cambridge, MIT, Imperial College, NUS, and other top institutions. All tutors undergo rigorous vetting and training in IB-specific pedagogy, ensuring that every session is focused not just on content understanding, but on examination technique, IA strategy, and EE mentorship.

10.2 Our Core Services for DP Students

- ▶ **Subject Tutoring** One-on-One Tutoring: personalized sessions in any DP subject at HL or SL, scheduled flexibly around your school timetable
- ▶ **IA Mentoring** Internal Assessment (IA) Support: guided development of your IA from question formation through data analysis to final write-up
- ▶ **EE Coaching** Extended Essay Coaching: topic selection, research methodology, outline development, and draft-by-draft feedback across all EE subjects
- ▶ **TOK Guidance** TOK Support: conceptual grounding in Areas of Knowledge, Exhibition prompt development, and Essay planning and review
- ▶ **Group Sessions** Group Revision Workshops: live, small-group sessions targeting high-yield examination topics, timed past paper practice, and mark scheme mastery
- ▶ **Advisory** Subject Selection Consultations: one-on-one advisory sessions helping students map their university aspirations to optimal DP subject combinations

10.3 Flexible, Global, Accessible

All Eclassopedia sessions are delivered online via our secure platform, enabling students anywhere in the world to access expert tutoring without geographic constraints. Sessions are available seven days a week, with early morning, afternoon, and evening slots to accommodate school schedules across every time zone.

Our resource library includes over 15,000 curated past paper questions, examiner report analyses, subject-specific revision guides, essay frameworks, and IA exemplars. Every enrolled student has full access to these materials from Day 1.

10.4 Begin Your DP Journey with Confidence

The transition from MYP to DP is a significant moment in a student's academic life — one that sets the trajectory for university and beyond. Eclassopedia exists to ensure that transition is supported, informed, and empowered rather than anxious and uncertain.

Whether you are just beginning to think about subject selection, already in the middle of Year 1 and looking for targeted support, or preparing for final examinations in Year 2, Eclassopedia has the expertise, the resources, and the genuine commitment to student success to help you achieve your best.

Ready to Begin Your DP Journey?

Visit us at www.eclassopedia.com to book your free consultation
or email our team at support@eclassopedia.com

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